## APPLE MOUSSE

| Tools: <br> knifes, <br> spoons, <br> bowls, <br> grater, <br> glass jars with twist caps. |  |
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| Ingredients: <br> 10 apples, <br> 10 tea spoons of sugar. | Peel the apples, <br> cut them into quarters <br> and take the pips out. |
| Grate the apples. |  |


| Screw the jars on. |  |
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| Put the jars in to big pot with water. |  |
| Boil them for 45 minutes. |  |
| Leave the jars to cool. |  |
| Ready apple mousse. |  |

