

Yogurt with blueberry jam

Ingredients

Turkish yogurt



Blueberry jam



Tools

A bowl and two spoons



Recipe

- 1. Put three spoonful's of yogurt into the bowl**



2. Add one spoonful of blueberry jam



3. Stir it



**This is the snack to enjoy.
(you can top it with crushed nuts/almonds)**



Tastes good ! And it is very healthy too!